



**TRUST FOR DEVELOPING
COMMUNITIES AGM**

BRIGHTHELM CENTRE

29/03/2023

MEXICAN CHILI

**Herb Wholegrain Rice, Toasted Pumpkin Seeds & Chilli Oil.
*Gluten Free. Contains no allergens (Vegan)***

CREAMY MUSHROOM PASTA

Contains gluten (Vegan)

CRUNCHY KALE SALAD

Contains nuts (Vegetarian)

SANDWICH SELECTION

*Borlotti bean hummus (Vegan)
Cheese & cucumber (Vegetarian)*

FRENCH APPLE CAKE

Contains eggs & gluten (Vegetarian)

RASPBERRY & COCONUT CAKE

Gluten free (Vegan)

HAVE A LOVELY DINNER. RAMADAN MUBARAK.

FROM ALL OF US AT SUSSEX SURPLUS

www.SussexSurplus.org [@SussexSurplus](https://www.instagram.com/SussexSurplus)

INGREDIENT LIST

MEXICAN CHILLI

Onions, Carrots, Garlic, Lentils, Tinned Tomatoes, Borlotti Beans, Cannellini Beans, Spices (Cumin, Cinnamon, Paprika, Coriander), Salt, Peper, Sunflower Oil.

RICE

Shortgrain rice, Salt, Coriander, Vegetable Oil.

MUSHROOM PASTA

Wholegrain Pasta, Onions, Garlic, Flour, Spelt Milk, Vegan Butter, Parsley.

SALAD

Kale, Endive, Pecans, Apple, Pomegranate Dressing (Mint, Olive Oil, Lemon Juice)

SANDWICHES

- Borlotti Bean Hummus (Borlotti beans, Garlic, Olive Oil), Grated Carrot, Lettuce.
- Cheddar Cheese, Cucumber, Mayonnaise.

FRENCH APPLE CAKE

Flour, Vegan Butter, Eggs, Apples, Sugar, Vanilla, Cinnamon, Salt, Baking Powder.

RASPBERRY & COCONUT BAKE

Coconut Flour, Raspberries, Sugar, Vegan Butter, Gluten-free Flour, Desiccated Coconut, Vanilla, Gluten-free Baking Powder, Xanthan Gum, Icing Sugar.